

IGNITE

Corporate Wellness | TeamBuilding | Personal Training | GYM Management

IGNITE as a brand started back in 2010 with our fitness arm IGNITE fitness & wellness. From there we have grown and added services along the way with IGNITE Surface, IGNITE corporate wellness, IGNITE team building, IGNITE kids, IGNITE consultancy and Homespa.



Our mission is to contribute to the community's quality of life, by encouraging healthy lifestyle habits and movement.

our company mission

With over a decade of experience in fitness and wellness consultancy to our name, IGNITE understands both personal and corporate needs, and tailors unique solutions accordingly. Using education, inspiration and motivation, we spark the first step to a healthier lifestyle, and work with everyday people to achieve their personal fitness and wellness goals.

IGNITE Pink is Punk 2018

We are thrilled to announce that this years IGNITE Pink is Punk raised an impressive 73,047 AED for Al Jalila Foundation in aid of Breast Cancer awareness.

The event, held at Anantara the Palm Dubai Resort, brought together over 800 participants of all ages and fitness levels, who showed their support with many donning pink fancy dress and super-hero costumes to honour cancer patients and survivors.

IGNITE corporate wellness believes in supporting and educating companies and their employees to make the best informed decisions when it comes to their lifestyles, health and general well being. Since 2007 we have been bringing together the best resources to deliver a series of tried and tested wellness programmes that can be adapted for companies of all size and industry. Working with many of the largest local and international companies, we have been able to bring out the best in their employees and create a healthy and harmonious workplace.

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